



MRS. CARL LINDER
R. F. D. No. 2, Box 44,
Dassel, Minnesota

THANKFUL FOR GOOD **PE-RU-NA** DID HER YEARS AGO

Keeps the Medicine with Her for Safety

Mrs. Carl Linder, R. F. D. No. 2, Box 44, Dassel, Minnesota, writes: "I want to thank you for your kindness and the good your remedy did me years ago. I am perfectly well and visiting in Spokane, Wash. Were it not for Pe-ru-na I would not have been able to make this trip. I always take your medicine with me for safety should I take cold. Praise to Pe-ru-na."

As an emergency remedy for everyday ills, Pe-ru-na has been in use fifty years.

TABLETS OR LIQUID SOLD EVERYWHERE

Kill That Cold With



Neglected Colds are Dangerous

Take no chances. Keep this standard remedy handy for the first onsets.

Breaks up a cold in 24 hours—Relieves Grippe in 3 days—Excellent for Headache

Quinine in this form does not affect the head—Cascara is best Tonic Laxative—No Opiate in Hill's.

ALL DRUGGISTS SELL IT

WANTED ONLY MINOR CHANGE

Youth Had No Desire to Interfere With the Existing Chronological System, Only—

Ten p. m. There was a lot to do at the office, and, despite the lateness of the hour, the staff still at work.

The head of the firm looked sternly at the young man over his gold-rimmed glasses. Then:

"So you've a complaint to make, have you?" he asked fiercely.

"Not exactly a complaint, sir," said the other, "but there's just one little matter about which I should like to speak to you."

"I gave you more money the other day," growled the chief. "What's it you want this time? Shorter hours—eh?"

"Oh, no—no sir! I do not feel it incumbent on me, I assure you, in any way to tamper with our present quite excellent chronological system. For my part, I am perfectly content that the hours should retain their present length. All I wish is—er—fewer of them as applied to my daily period of work."—Houston Post.

Did It Seem That Long?

Santa Cruz News—"She was sixty-nine years of age and she had been married for more than a century."—Boston Transcript.

Self-control will succeed with one talent where self-indulgence will fail with ten.

True.

"Why don't you try to become wiser?"

"What's the use? A man always seems to become sadder as he gets wiser."

Coffee Drinkers

are often annoyed by headaches, nervousness or other ills traceable to coffee drinking.

When coffee disagrees, the thing to do is to quit coffee and drink

INSTANT POSTUM

Ten days will tell whether the change is beneficial.

"There's a Reason"

Made by Postum Cereal Co., Inc.
Battle Creek, Mich.

USE OF CHRISTMAS STOCKING

Good St. Nicholas, Saint of Fourth Century of Christian Era, Founder of Custom.



CHRISTMAS stockings have come down to us from the good St. Nicholas, who was a saint of the fourth century of the Christian era and was born December 6, 342, in Lycia, Asia Minor. He was regarded as especially the patron saint of children, young girls and sailors. The Christmas stocking custom arose as follows:

It seems that St. Nicholas, who was the archbishop of Myra, lived in the same town with an impoverished nobleman who because he had no portions to give his daughters, and indeed no means with which to support them, was about to sell them into a life of sin. St. Nicholas, who was accustomed to dispense his large fortune in gifts of charity, resolved to rescue the young women. As he approached their house wondering how he should proceed, the moon shone out and displayed an open window. Instantly St. Nicholas threw a purse of gold in at the window which, falling at the feet of the father of the girls, enabled him to portion his oldest daughter. The second time St. Nicholas visited the house he also was able to throw a purse of gold through an open window, thus providing for the portion of the second daughter. On the third visit the father, watching for his benefactor, cast himself at the feet of the saint and cried:

"Oh, St. Nicholas, servant of God, why seek to hide thyself?"

The saint made the father promise not to reveal his benefactions. From this habit of bestowing gifts in secret and under the cloak of night arose the practice of putting out shoes or stockings for the younger members of the family, so that the good saint would be able to fill them without being spied on. At one time it was the custom for young women pupils in convents on the even of Saint Nicholas to hang their new silk stockings on the door of the apartment of the abbess. They would also write notes calling the attention of the good St. Nicholas to their stockings. In the morning when the convent pupils who had not gone home for the holidays arose they invariably found their stockings filled with sweetmeats.

BE SURE GIFTS WILL PLEASE

In Making Same Articles for Friends It is Well to Be Sure of Appreciation.



WOMAN tells in recently published magazines how she has a "pillow Christmas" for the benefit of her many friends. She consulted the piece bag, and from it drew forth the materials for making any quantity of dainty sofa pillows, all destined for different friends. The cost of the materials was chiefly that spent for silk cords, for embroidery silk and for filling for the completed pillows. Nearly all the pillows were made by couching figures cut from contrasting materials on a chosen background, and the result was completed. The very same idea might also be carried into effect by the girl who loves to make dainty stocks. There never was a time when the prevailing styles offered such a dainty array of collars, and a box of assorted colors and kinds would be welcomed by any girl friend. There might be found in the piece bag all sorts of bits of silk and ribbon which could be fashioned into the daintiest of dressy stocks, as well as bits of lawn and percale which would do nicely for stocks for every day wear with cotton shirt waists. The gift of a box of stocks might be made valuable if the box itself was a thing of beauty, and this could be brought to pass by the girl who is expert with her needle. Giving the same sort of gift to a large number of people is perfectly proper if the gift is one which is calculated to please everybody. We've heard the story of a nice old lady who always made pin-cushions for all her nieces and mittens for all her nephews every year. It was said that her plan gave great pleasure to one person, the aunt. It's a good idea to be sure your gifts will be appreciated before you go into the wholesale manufacture of one style of article for many people.

An Unsatisfactory Plan.

"Why, Johnny," said the caller, as he had wept bitterly, "crying on Christmas morning?"

"Yeh—yesir," sobbed Johnny. "We all agreed in our family this year to give each other only what we needed most."

"Well, that isn't such a bad idea, is it? Nothing to cry about, anyhow?"

"It's run-rotten," sobbed Johnny. "Dad gave me a lickin'."

DODSON STOPS SALE OF CALOMEL

"Dodson's Liver Tone" is Taking Place of Dangerous, Sickening Chemical, Say Druggists

Every druggist in town has noticed a great falling off in the sale of calomel. They all give the same reason. Dodson's Liver Tone is taking its place.

"Calomel is dangerous and people know it," Dodson's Liver Tone is personally guaranteed by every druggist who sells it. A large bottle doesn't cost very much but if it fails to give easy relief in every case of liver sluggishness and constipation, just ask for your money back.

Dodson's Liver Tone is a pleasant-tasting, purely vegetable remedy, harmless to both children and adults. Take a spoonful at night and wake up feeling fine; no biliousness, sick headache, acid stomach or constipated bowels. It doesn't gripe or cause inconvenience all the next day like violent calomel. Take a dose of calomel today and tomorrow you will feel weak, sick and nauseated. Don't lose a day.—Adv.



We Must Guard Our Girls

On the threshold of womanhood comes the crisis which means health or invalidism. Three generations ago an old southern doctor wrote a prescription for the ills of women, which has become known to fame as "Stella Vitae," has been the right thing at the right time for thousands of young girls, down to the present day. Try it for YOUR daughter. Money refunded if FIRST BOTTLE does not benefit. At your drug store

Saved An Operation

MR. W. F. NELSON, a merchant of Hixon, Tenn., says: "That the daughter of one of his neighbors, Mr. James Roberts, was in such a condition with female trouble that an operation was advised, and the young lady was sent to Chattanooga for its performance. She dreaded the operation, and STELLA VITAE having been recommended, decided to try that first. She has taken six bottles and is happily on the road to recovery. She is able to do her usual work and is in better health than for years before, but continues to use it. She writes: 'STELLA VITAE will do all you claim.' Her father says 'She began to improve at once, after taking STELLA VITAE.'"

THACHER MEDICINE CO.
Sole props. & Mfrs., Chattanooga, Tenn. U. S. A.



When You Feel Shaky **WINTERSMITH'S CHILL TONIC** Will Tone You Up.
For Malarial Fevers and a General Tonic
If not sold by your druggist, write ARTHUR PETER & CO., LOUISVILLE, KY.

HAPPINESS FOUND IN WORK

Testimony of Chauncey Depew is Indorsed by Another Prominent American Veteran.

What is the secret of usefulness above sixty? Let me quote my friend Chauncey Depew, who says: "I look back over sixty years of continuous effort and when I try to differentiate the causes of my health and happiness I always come back to work. I never yet knew an idle man who was a happy man." It is his reply to those who think the millennium will come when nobody will have to work more than two hours in twenty-four. On his seventy-ninth birthday he said: "With each recurrence of these anniversaries I am more impressed with the permanence of friendship." That is the impression of all who have moved into the later years. We may not see our friends daily but the knowledge that they are in the flesh and in the spirit is a wonderful help and satisfaction. In the currency of friendship giving is getting. Here is a young man of eighty-six who voted for John C. Fremont, who dined with Gladstone, who took part in every Republican presidential convention and campaign since the party began, who believes every year that comes is the best, who has worked all his life, and who has found his happiness in work. The man's creed is this: "The Christian faith of my mother is good enough for me." What could be better?"—Gen. Felix Agnus.

Monument Guards Dangerous Road.

As Los Angeles boulevard comes to an end at the edge of a high embankment over a park lake, incautious motorists have gone over several times, but with fortunate results. To guard against a repetition of such accidents a monument to the memory of Gen. Harrison G. Otis, distinguished as a soldier and journalist, which will completely block the end of the road, has been erected, says Popular Mechanics Magazine. The group is composed of a life-sized figure of Gen. Otis; at his left is the figure of a soldier, while at the right of the central figure is a newsboy crying his wares.

The Obstacle.
"Let's put a roof garden on the new house." "Can't, my dear; there is a mortgage there now."

Mrs. Hicks Relieved By Four Eatonic

"I have taken four Eatonic tablets and they relieved me of sour stomach. I recommend it to everybody," says Mrs. G. P. Hicks.

If stomach is not digesting your food; if you have sourness, bloating, food repeating, indigestion or acid stomach, Eatonic will remove the cause by taking up and carrying out the acidity and gases, bringing quick relief and healthy digestion. Why suffer stomach trouble? Why not keep your digestion normal and enjoy good health? An Eatonic taken after each meal will prevent discomfort and pain.

Make the test today and see how quickly this wonderful remedy acts. It comes in handy tablet form. Carry it with you. A big box costs only a trifle with your druggist's guarantee.

Serious Apprehension.

"I am not sure that I shall not have to go on a hunger strike."

"How could you make such a decision?"

"It isn't my decision. It's the cook's."



PARKER'S HAIR BALM
Removes Dandruff—Stops Hair Falling—Restores Color and Beauty to Gray and Faded Hair.
50c and \$1.00 at Druggists.
Hanco Chem. Wks., Patience, N. Y.

HINDERCORNS Removes Corns, Calluses, etc., stops all pain, ensures comfort to the feet, makes walking easy. Use by mail or at Druggists. Hanco Chemical Works, Patience, N. Y.

\$2.00 Brings You a Farm Account Book with instructions how to keep farm records. F. Howat, Equitable Bldg., Baltimore, Md.

The Arkansas Produce Co., 60 N. Front St., Memphis, Tenn., wants shipments of poultry, eggs, butter, rabbits, veal, fresh pork and other farm products. This is an old established firm, with a high-class commercial rating. Write for quotations and tags.

FRECKLES POSITIVELY REMOVED by Dr. Barry's Freckle Ointment—Yours Druggist or by mail. Free book. Dr. C. W. Barry, Co., 2975 Michigan Avenue, Chicago.

Agents for FORD Permanent Non-Skid Chains. \$4.00 delivered. Instantly on and off. Big sales. Howe Co., Flintville, Conn.

W. N. U., MEMPHIS, NO. 50-1920.